



# APRIL 2026

Sixty Forward Programs

For a full list of classes and programming visit our website: [www.sixtyforward.org](http://www.sixtyforward.org)



The Bistro Hours  
M-F 8-2 PM

Building Hours  
M-F 7:30-5:00 PM

\*AD= All Day

Monday	Tuesday	Wednesday	Thursday	Friday
		<b>1</b> AD Table/Card Games AD Puzzles 9:30 Learn 500 2:00 Scam Series: Bitcoin & Crypto	<b>2</b> 11:30 Congregate Meals 1:00 BINGO 1:00 Tech Support 1:00 Learn Mahjong 1:30 Caregiver Support Group 1:30 Sixty Forward Orientation	<b>3</b> 9:00 Bingocize 1:00 Learn Mahjong
<b>6</b> 9:00 Brush-Club 9:00 Men's Shed Meeting 10:00 Widow/Widower Group 2:00 Cognitive Challenges	<b>7</b> 9:00 Sixty Forward Orientation 9:00 Bingocize 10:00 Ames Community Connection 11:00 Lunch & Learn Series 1:00 Pinochle	<b>8</b> AD Table/Card Games AD Puzzles 9:30 Learn 500 2:00 MGMC: Plant & Animal Proteins	<b>9</b> 9:30 Senior Health Clinic 10:00 Mourning Coffee 11:30 Congregate Meals 1:00 Tech Support 1:00 Learn Mahjong 1:30 Sixty Forward Orientation	<b>10</b> 9:00 Bingocize 10:00 Meet & Mingle 1:00 Learn Mahjong 1:00 Story City Com. Connections
<b>13</b> 9:00 Brush-Club 9:00 Men's Shed Meeting 10:00 Widow/Widower Group	<b>14</b> 9:00 Sixty Forward Orientation 9:00 Bingocize 10:30 Book Club Meet-Up 1:00 Pinochle 2:00 Nevada Com. Connections  6:30 County Classics Band & Dance	<b>15</b> AD Table/Card Games AD Puzzles 9:30 Learn 500 10:00 Huxley Com. Connections 2:00 Scam Series: Charity	<b>16</b> 10:00 City Connection w/ Assessor 11:30 Congregate Meals 1:00 BINGO 1:00 Tech Support 1:00 Learn Mahjong  1:30 Sixty Forward Orientation 3:00 Parkinson's Support Group	<b>17</b> 9:00 Bingocize 10:00 Slater Com. Connections 1:00 Learn Mahjong 1:00 Octagon: Needle Felting
<b>20</b> 9:00 Brush-Club 9:00 Men's Shed Meeting 10:00 Widow/Widower Group 2:00 Cognitive Challenges	<b>21</b> 9:00 Sixty Forward Orientation 9:00 Bingocize 10:00 Wildflower Ramble Meet-Up 11:00 Lunch & Learn Series 1:00 Pinochle	<b>22</b> AD Table/Card Games AD Puzzles 9:30 Learn 500 2:00 Common Foot & Ankle Problems	<b>23</b> 9:30 Senior Health Clinic 11:30 Congregate Meals 1:00 Tech Support 1:00 Learn Mahjong 1:30 Sixty Forward Orientation	<b>24</b> 9:00 Bingocize 10:00 Meet & Mingle 1:00 Learn Mahjong
<b>27</b> 9:00 Brush-Club 9:00 Men's Shed Meeting 10:00 Widow/Widower Group	<b>28</b> 8:00 Octagon Program 9:00 Sixty Forward Orientation 9:00 Bingocize 10:30 Book Club Meet-Up 1:00 Pinochle 4:00 Q's Music BINGO	<b>29</b> AD Table/Card Games AD Puzzles 9:30 Learn 500 2:00 Scam Series: Contractor	<b>30</b> 11:30 Congregate Meals 1:00 Learn Mahjong 1:30 Sixty Forward Orientation	