



# May 2026



The Bistro Hours  
M-F 8-2 PM

Building Hours  
M-F 7:30-5:00 PM

\*AD= All Day

For a full list of classes and programming visit our website: [www.sixtyforward.org](http://www.sixtyforward.org)

Monday	Tuesday	Wednesday	Thursday	Friday
				<b>1</b> 9:00 Bingocize 1:00 Learn Mahjong
<b>4</b> 9:00 Brush-Club 9:00 Men's Shed Meeting 10:00 Widow/Widower Group 2:00 Cognitive Challenges	<b>5</b> 9:00 Bingocize 10:00 Ames Community Connection 11:00 Lunch & Learn Series 1:00 Pinochle	<b>6</b> AD Table/Card Games AD Puzzles 8:00 Bird Walk Meet-Up 9:30 Learn 500 2:00 Scam Series: Fake Check	<b>7</b> 11:30 Congregate Meals 1:00 Learn Mahjong 1:00 BINGO 1:30 Caregiver Support Group	<b>8</b> 9:00 Bingocize 9:00 Senior Expo 10:00 Meet & Mingle 1:00 Learn Mahjong 1:00 Story City Com. Connections
<b>11</b> 9:00 Brush-Club 9:00 Men's Shed Meeting 10:00 Widow/Widower Group	<b>12</b> 9:00 Sixty Forward Orientation 9:00 Bingocize 10:30 Book Club Meet-Up 1:00 Pinochle 2:00 Nevada Com. Connections 2:00 Grief Support Group 6:30 County Classics Band & Dance	<b>13</b> AD Table/Card Games AD Puzzles 9:30 Learn 500 2:00 MGMC: Understanding Cancer Survivorship	<b>14</b> 8:00 Senior Health Clinic 10:00 Mourning Coffee 11:30 Congregate Meals 1:00 Tech Support 1:00 Learn Mahjong 1:30 Sixty Forward Orientation 2:00 Octagon Program: Bargello Needlepoint	<b>15</b> 9:00 Bingocize 10:00 Slater Com. Connections 11:00 Pollinator Friendly Ames Presentation 1:00 Learn Mahjong
<b>18</b> 9:00 Brush-Club 9:00 Men's Shed Meeting 10:00 Widow/Widower Group 2:00 Cognitive Challenges 2:00 The Ames Voice Presentation	<b>19</b> 9:00 Sixty Forward Orientation 9:00 Bingocize 1:00 Pinochle	<b>20</b> AD Table/Card Games AD Puzzles 9:30 Learn 500 10:00 Huxley Com. Connections 2:00 Scam Series: IRS-Gov. Agency Scams	<b>21</b> 11:30 Congregate Meals 1:00 BINGO 1:00 Tech Support 1:00 Learn Mahjong 1:30 Sixty Forward Orientation	<b>22</b> 9:00 Bingocize 10:00 Meet & Mingle 1:00 Learn Mahjong
<b>25</b> 9:00 Brush-Club 9:00 Men's Shed Meeting 10:00 Widow/Widower Group	<b>26</b> 9:00 Sixty Forward Orientation 9:00 Bingocize 10:30 Book Club Meet-Up 1:00 Pinochle	<b>27</b> AD Table/Card Games AD Puzzles 9:30 Learn 500 2:00 MGMC: Stroke Awareness	<b>28</b> 9:30 Senior Health Clinic 11:30 Congregate Meals 1:00 Learn Mahjong 1:00 Tech Support 1:30 Sixty Forward Orientation	<b>29</b> 9:00 Bingocize 1:00 Learn Mahjong